

YOU WILL NEED

Ingredients

2 tsp vegetable oil

1/8 tsp kosher salt, coarse

pinch ground black pepper

1 cup butternut squash, diced

3 tbsp dried cranberries, sliced

1/8 tsp ground cinnamon

1/4 cup orange tangerine,

100% juice

Want to cook it later? No problem!

Storage Instructions:

Refrigerate the squash at or below 40°F until ready to use

Materials:

1 bowl

1 baking sheet

1 sheet of parchment

paper

Cooking Instructions:

Preheat the oven to 350°F

Combine ingredients in bowl

Place combined ingredients onto parchment paper and baking sheet

Roast for approximately 20 minutes or until internal temperature reaches 165°F



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Nutrition Services

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